



COURSE OVERVIEW

Humanity

SCH 214



COURSE DESCRIPTION

The Humanity course is designed to foster a deep understanding of humanity and human connection. Students will explore bias and prejudice, and the ways in which they disconnect us from each other. Students will also learn to develop empathy as a skill, a vital part of making meaningful connections with others. With case studies of historical figures who exemplify high levels of humanity and empathy, students will be encouraged to take personal responsibility for developing these skills in themselves. Students will be equipped with the tools to create inclusive environments, embrace differences, and build up their communities.



LEARNING OBJECTIVES & SKILL DEVELOPMENT

- **Self-Exploration:** The course encourages introspection and self-reflection in exploring the meaning of humanity and the importance of human connection.
- **Bias and Prejudice Awareness:** The course addresses bias and prejudice, and the ways in which they disconnect us.
- **Mistreatment:** Through real-life examples, the course highlights the impact of prejudice on relationships and the importance of acknowledging harm caused, even if unintended.
- **Empathy Development:** The course focuses on developing empathy as a skill, recognizing its significance in fostering meaningful connections with others.
- **Personal Responsibility:** Successful students understand the significance of personal responsibility in developing high levels of humanity, empathy, and community building.
- **Community Building:** The course defines community building as an intentional and focused effort, promoting connection through recognizing biases, developing empathy, embracing differences, and serving others.



RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a parent or mentor.
- **Group**—To be completed at school in a group format with a facilitator.
- **Hybrid**—A combination of self directed learning and group instruction.
- **Blended Learning**—A combination of online and offline curriculum



COURSE INFORMATION

Author and Publisher: ACCI Lifeskills
 Course Format: eLearning
 Item Number: SCH 214
 eLearning Length: 170
 Scientific Model: Cognitive Restructuring
 Course Length: ~4 hours



COURSE CONTENT

UNIT 1: Humanity
 UNIT 2: Where does Bias come from?
 UNIT 3: Mistreatment and Its Many Forms
 UNIT 4: Empathy
 UNIT 5: Community Builders



PURCHASE OPTIONS

- eLearning site license
- Purchase individual courses
- School referral
- Parent enrollment
- License to Reprint



eLEARNING ACTIVITIES

Narration
 Story Telling
 Animation
 Animated Thoughts
 Self Assessments
 Interactive Images